



**Brunch & Specialty Coffee**  
Housed in an Old School Milk Bar

**OPENING HOURS**

Monday - Friday: 6am - 3pm  
Saturday / Sunday: 7am - 3:30pm  
Kitchen Closes at 2:30pm



@jackthemilkman

55 Kangaroo Road Murrumbecena 3163  
Email: [hello@jackthemilkman.com.au](mailto:hello@jackthemilkman.com.au)  
03 9569 8754

(Surcharge: Weekends 5% Public Holidays 10%)

**MURRUMBEENA**

## ALL DAY BREAKFAST

<b>Noisette Toast</b> (Sourdough/Multigrain) with spreads	<b>\$7.5</b>
<b>Gluten Free Precinct</b> Quinoa and soy Bean	<b>\$8.5</b>
<b>Noisette Fruit Toast</b> Date and apricot	<b>\$9</b>
<b>Eggs your way</b> Fried   Poached   Scrambled	<b>\$12</b>
<b>Vanilla panacotta (vg)</b> Honey roasted granola, raspberry coconut yoghurt, vanilla panacotta served with seasonal fruits	<b>\$19.5</b>
<b>Acai Bowl</b> Acai blended with banana and coconut milk topped with fresh seasonal fruits, coconut flakes, chia seeds, goji berries and toasted pistachios	<b>\$19.5</b>
<b>Milkman Brekky</b> Poached eggs, sauteed spinach, pork and fennel sausage, hashbrown, grilled tomato, halloumi, mushrooms on noisette sourdough toast	<b>\$24</b>
<b>Chilli Chorizo Eggs (veo)</b> Scrambled eggs with spinach, chorizo, chilli flakes, parmesan cheese, pickled on a croissant topped with chilli mayo	<b>\$19.5</b>
<b>Pulled Lamb Benny</b> Slow cooked braised lamb, poached eggs, sauteed spinach on noisette brioche loaf topped with hollandaise sauce and sweet potato crisps	<b>\$22.5</b>
<b>Smashed Avo (ve)</b> Smashed avocado, cherry tomato, radish, feta, grilled corn, toasted mix nuts, pomegranate, beetroot hummus with dukkah poached egg on noisette multigrain toast	<b>\$19.5</b>
<b>Potato Fritters Stack</b> Home made potato fritters, shortcut bacon, smashed avocado, beetroot hummus with dukkah poached eggs	<b>\$20.5</b>
<b>Labneh Eggs (ve)</b> Crumbed eggplant, tomato and capsicum sugo, chilli mint butter, hung yoghurt, poached eggs with sweet potato crisps and noisette multigrain toast	<b>\$20.5</b>
<b>French Toast</b> Noisette brioche loaf with mix berries compote, peach, raspberry mascoporne, maple syrup served with ice cream, cone and seasonal fruits	<b>\$21</b>
<b>Mixed Berries Pancake</b> Hot cakes topped with mix berries compote, almond flakes, crushed pistachios, served with lemon curd, cone and ice cream	<b>\$21</b>
<b>SIDES</b>	
Smashed or fresh avocado   Bacon   Chicken   Pork and Fennel sausage   Mushrooms   Halloumi   Potato Fritter	<b>\$4.5</b>
Grilled Tomato   Baked Beans   Sautee Spinach   Extra Egg	<b>\$3.5</b>
Hash Browns	<b>\$3</b>
Smoked Salmon   Goat's Cheese   Chorizo	<b>\$5.5</b>

## LUNCH

<b>Wagyu beef burger</b> 150g wagyu beef patty, short cut bacon, fried eggs, caramelised onion, Dijon mustard, American cheese, lettuce, pickled cucumbers, tomato, spicy mayo in a noisette milk bun with chips	<b>\$23.5</b>
<b>Buttermilk chicken burger</b> Cornmeal crumbed house marinated chicken breast, homemade peach relish, lettuce, tomato, American cheese, pickled cucumber, spicy mayo in a noisette milk bun with chips	<b>\$22</b>
<b>Vegetarian burger (ve)</b> Homemade mixed veggies patty, halloumi, lettuce, jalapeno, pickled onion, American cheese, tomato and spicy mayo in a noisette milk bun with chips	<b>\$21</b>
<b>Lemon Pepper Calamari (gf)</b> Fried lemon pepper calamari served with asian coleslaw, lime aioli and a side of chips	<b>\$20.5</b>
<b>Chicken Parma</b> Crumbed chicken, ham, Napoli sauce and mozzarella cheese served with garden salad and chips	<b>\$24</b>
<b>Milkman tofu (vg/ve/gf)</b> Tofu squares, char grilled zucchini, roasted cauliflower, asparagus, sweet potato crisps topped with sesame seeds and homemade sweet and sour dressing	<b>\$20.5</b>
<b>Chilli garlic prawn pasta</b> Black tiger prawns, fresh chilli, cherry tomatoes, spinach, garlic linguine in your choice of olive oil base or Napoli base	<b>\$21.5</b>
<b>Chicken pesto pasta</b> Chicken, bacon, cherry tomatoes, spinach, pesto and topped with parmesan cheese in linguine	<b>\$23</b>
	<b>Veg - \$20.5 Meat - \$22.5</b>
<b>Jack's Tacos (gf)</b> Choice of (chicken/lamb/cauliflower) with corn taco shell, avocado, pickled cabbage, salsa, fresh chilli, siracha mayo and fresh coriander	

## SALADS

<b>Quinoa and falafel salad (ve)</b> Tricolour quinoa and falafel mixed with greens, cherry tomatoes, feta, toasted mix nuts, smashed avocado, pomegranate, hummus in rosemary and basil dressing topped with poached egg	<b>\$19.5</b>
<b>Pulled lamb and brown rice salad</b> Slow braised pulled lamb shoulder, brown rice, roasted pumpkin, roasted zucchini, fetta, greens, garlic labneh and dukkah	<b>\$22.5</b>
<b>Caesar salad (veo)</b> Cos gem lettuce, anchovies, short cut bacon, croutons, poached egg topped with parmesan cheese and caesar dressing   Add Chicken <b>\$4.5</b> Add Salmon <b>\$5.5</b>	<b>\$19.5</b>

## TOASTIES, ROLLS & WRAPS

**As per display cabinet**  
Please ask our friendly staff what we have in the cabinet today

## KIDZ@MILKMAN (Under 12)

<b>Egg</b> your way on a piece of toast <b>\$9.5</b>
<b>Ham &amp; Cheese Toastie \$7.5</b>
<b>Cheese burger</b> with chips <b>\$15</b>
<b>Chicken burger</b> with chips <b>\$15</b>
<b>Buttermilk pancakes</b> with maple syrup and ice cream <b>\$13</b>
<b>Chicken nuggets</b> with chips <b>\$13</b>
<b>Potato Gnocchi</b> with Napoli sauce and Parmesan cheese <b>\$15</b>
<b>Bowl of chips</b> comes with Aioli   Small <b>\$8</b> Regular <b>\$12</b>

## COFFEES

<b>Small - \$4.0 Large - \$4.8, Jumbo - \$5.5</b>
<b>Espresso \$3.5</b>
<b>Double Espresso \$4.0</b>
<b>Cappuccino</b> (Small / Large / Jumbo)
<b>Flat white</b> (Small / Large / Jumbo)
<b>Latte</b> (Small / Large / Jumbo)
<b>Piccolo</b> (Small / Large / Jumbo)
<b>Long Black</b> (Small / Large / Jumbo)
<b>Macchiato</b> (Small / Large)
<b>Calmer Sutra Chai \$5.5</b> (12oz)
<b>Spiced Chai Powder</b> (Small / Large / Jumbo)
<b>Hot Chocolate</b> (Small / Large / Jumbo)
<b>Mocha</b> (Small <b>\$4.5</b> Large <b>\$5.3</b> Jumbo <b>\$6</b> )
<b>Matcha Latte</b> (Small <b>\$4.5</b> Large <b>\$5.3</b> Jumbo <b>\$6</b> )
<b>Tumeric Latte</b> (Small <b>\$4.5</b> Large <b>\$5.3</b> Jumbo <b>\$6</b> )
<b>Dirty Chai Latte \$6</b> (12oz)

## ICED DRINKS

<b>Iced Chocolate \$7.0</b> (500ml with Ice Cream)
<b>Iced Coffee \$7.0</b> (500ml with Ice Cream)
<b>Iced Mocha \$7.0</b> (500ml with Ice Cream)
<b>Iced Latte \$5.2</b> (360ml) <b>\$6.0</b> (500ml)
<b>Alternative Milk \$0.50</b>
Soy   Almond   Oat   Coconut   Lactose Free
<b>Strong/Extra Shot \$0.50</b>
<b>Syrups \$0.50</b> Hazelnut   Caramel   Vanilla
<b>Tea- \$4.5</b> (Medium/Pot - 12oz)
English Breakfast   Earl Grey   Chamomile   Chai
Lemongrass   Ginger   Peppermint   Green
<b>MILKSHAKES \$6.0</b> (360ml) <b>\$7.0</b> (500ml)
Strawberry   Vanilla   Banana   Caramel   Blue Heaven
Chocolate   Coffee   Cookies & Cream)
<b>\$0.50 - Strong /Thick/Soy /Almond /Coconut /Oat / Lactose Free</b>

## COLD DRINKS

<b>Bottled Still Water \$3.5</b>
<b>San Pellegrino \$4.5</b>
<b>Peach   Lemon Iced Tea \$5.0</b>
<b>Kombucha \$6.0</b>
<b>Kids Juices \$3.5</b>
<b>Coke   Coke Zero \$3.5</b>
<b>Energy Drink \$5.0</b>
<b>Spiders</b> (Any Flavour) <b>\$6.5</b>
Please ask our friendly staff what other drinks we may have in the fridge today.

## SMOOTHIES

<b>\$8.0</b> (360ml) <b>\$10.5</b> (500ml)
<b>Tropical Feast</b> Mango, Banana, Pineapple, Coconut Water
<b>Mean Machine</b> Kale, Spinach, Cucumber, Banana, Apple, Coconut Water
<b>Nut Case</b> Peanut Butter, Banana, Almond Milk, Cinnamon, Ice
<b>Berrylicious</b> Mixed berries, Banana, Honey, Chia Seeds, Coconut Water
<b>Oreo Goodness</b> Oreo Cookies, Sugar Syrup, Full Cream Milk, Ice Cream, Ice

## FRESH JUICES

<b>Immune Booster</b> (Small <b>\$6.5</b> Large <b>\$8.5</b> ) Orange, Carrot, Ginger
<b>Summer Feelz</b> (Small <b>\$6.5</b> Large <b>\$8.5</b> ) Orange, Apple, Pineapple
<b>The Hulk</b> (Small <b>\$7</b> Large <b>\$9</b> ) Cucumber, Kale, Apple, Celery, Ginger, Lemon
<b>Juice Joy</b> (Small <b>\$6.5</b> Large <b>\$8.5</b> ) Watermelon, Pineapple, Apple, Coconut Water
<b>Orange Juice</b> (Small <b>\$6</b> Large <b>\$8</b> )
<b>Apple Juice</b> (Small <b>\$6</b> Large <b>\$8</b> )

<b>(VE)</b> Vegetarian
<b>(VG)</b> Vegan
<b>(VEO)</b> Vegetarian Option
<b>(GF)</b> Gluten Free
<b>(DF)</b> Dairy Free

If you suffer from any food allergies please speak to our staff regarding your dietary needs and we will do our best to accommodate your needs.